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TOOTHBRUSHING CHART

Month: _____

| |  Morning |  Night | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 | | |
|------------------|--|--|---|---|---|---|---|---|
| MONDAY |  |  |  |  |  |  |  |  |
| TUESDAY |  |  |  |  |  |  |  |  |
| WEDNESDAY |  |  |  |  |  |  |  |  |
| THURSDAY |  |  |  |  |  |  |  |  |
| FRIDAY |  |  |  |  |  |  |  |  |
| SATURDAY |  |  |  |  |  |  |  |  |
| SUNDAY |  |  |  |  |  |  |  |  |